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Infusion therapy by the athletes

Intravenous infusions have been included in the WADA list of prohibited substances and methods under Section M2. Prohibited Methods, Chemical and Physical Manipulation and are prohibited both in- and out-of-competition.

An IV infusion is the supply of fluids or other liquid substrates through a vein. It is achieved by a special infusion set (infuzion needle, set functioning on the level difference). The volume of fluid exceeds 50 ml. An intravenous injection is the supply of fluid or medication by means of a simple syringe. Injections with a simple syringe are permitted if the volume does not exceed 50 mL, and the intravenous injections are given at intervals equal or greater than six hours.

As legitimate medical indications for IV infusions are considered:

1. life rescuing medical emergencies including resuscitation
2. blood substitution by the acute blood deprival
3. by the surgical interventions and surgeries
4. application of medicaments and fluids (including some clinical investigations) in situation with no possibility of other options, especially administration by mouth.

The TUE for infusion treatment can be granted during the hospital admission when treating other illness. The TUE application must be accompanied by precise description of the specific medical indication for the IV infusion and treatment history, description, volume and the rate of infusion to be used and all clinical and laboratory results.

Dehydration arised from the exhaustive training or sports effort doesn't provide any reason for indication of intravenous infusion and granting a TUE.

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Chairman, Therapeutic Use Committee (TUEC) by CADC

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